











Dukes & Duchesses






Children's Day Nursery

MENU

AUTUMN / WINTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<i>Cereal</i>	<i>Crumpets</i>	<i>Overnight oats with dried fruit</i>	<i>Toast with Jam</i>	<i>Fruit toast</i>
Lunch	Butter Chicken with Rice and Naan Bread 	Irish Lamb Stew, Minted Peas with Crusty Bread 	Smoked Haddock and Cheddar Fishcakes Roasted New Potatoes and Vegetables 	Sticky Chinese Chicken with Noodles and Prawn Crackers 	Flatbread Pizza with Potatoes Wedges and Salad 
Pudding	Yoghurts	Carrot, Courgette and Orange Cake	Fresh Fruit Salad	Fresh Fruit Cheesecake	Raspberry and White Chocolate Cookies
Snack	Tuna Pasta Salad	Cream of Tomato Soup with Crusty Bread	Jacket Potatoes with cheese and tomatoes	Beans on Toast.	Variety of Sandwiches

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<i>Cereal and fresh fruit</i>	<i>Muffins</i>	<i>Cinnamon overnight oats</i>	<i>Toast with marmalade</i>	<i>Bagels</i>
Lunch	Lamb Stifado with Fresh bread 	Spaghetti Bolognese With Garlic Bread 	Honey, Garlic and Soy Turkey Stir Fry with Noodles 	Goan Fish Curry with Rice and Poppadom's 	Roast Dinner 
Pudding	Yoghurts	Apple and Parsnip Cake	Fresh fruit salad	Vanilla and Pea Cake	Berry and Brioche Pudding and Cream
Snack	Homemade Hummus with Pitta Breads Peppers Carrots and Cucumber	Roasted Potato Soup with Fresh Bread	Savoury Flapjack and Salad	Spaghetti Hoops and Toast	Cheese and Crackers

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<i>Cereal</i>	<i>Overnight oats with fried fruit</i>	<i>Cereal</i>	<i>Toast with peanut butter</i>	<i>Croissants</i>
Lunch	Cheese and Broccoli bake with Garlic Bread 	Beef Enchilada pie with Mexican Potatoes 	Chicken Chilindron With Crusty Bread 	Creamy Prawn Pasta with Tomatoes and Peppers 	Swedish Meatballs with Mash Potatoes Vegetables and Cream Sauce 
Pudding	Yoghurts	Chocolate Orange Sweet Potato Pie	Fresh fruit Salad	Pumpkin Cake	Carrot Cake Cookies
Snack	Smoked Maceral Pate with Toast	Leek and Potato Soup with Fresh Bread	Jacket Potato with Beans Cheese	Cheese Tomatoes and Vegetable Pastry Wheels	Variety of Wraps