











Dukes & Duchesses






Children's Day Nursery

MENU

SPRING / SUMMER

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|--|---|--|--|
| Breakfast | Cereal | Crumpets | Overnight oats with dried fruit | Toast with Jam | Fruit toast |
| Lunch | Chicken Korma with rice and poppadum's  | Teriyaki Beef vegetable stir fry with noodles  | Salmon cakes new potatoes and broccoli  | Mediterranean turkey stuffed pepper with rice and fresh bread  | Chicken fajitas with salad and nachos  |
| Pudding | Fresh fruit salad | Banana and chocolate bread | Yoghurts | Medley of melon | Oat and raisin biscuits |
| Snack | Tuna pasta salad | Beans on toast. | Carrot and courgette savoury muffins | Cheese and vegetable quesadillas | Cheese crackers and crudites |

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|---|--|---|---|
| Breakfast | Cereal and fresh fruit | Muffins | Cinnamon overnight oats | Toast with marmalade | Bagels |
| Lunch | Spanish chicken paella with crusty bread  | Spiced lamb and feta filo pie with a Greek salad  | Beef ragu with spaghetti and garlic bread  | Herb crusted cod with rainbow vegetable and new potatoes  | Butternut squash macaroni cheese with corn on the cobs  |
| Pudding | Yoghurts | Sweet potato Chocolate brownies | Fresh fruit salad | Courgette and lime cake | Strawberries and cream |
| Snack | Spaghetti hoops on toast | Spanish omelette and salad | Mackerel pate with melba toast | Pizza wheels | Variety of wraps |

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|---|--|--|---|
| Breakfast | Cereal | Overnight oats with fried fruit | Cereal | Toast with peanut butter | Croissants |
| Lunch | Seafood chowder and crusty bread  | Lamb and aubergine pasticcio with garlic bread  | Orange chicken with stir fired vegetables rice and prawn crackers  | Cottage pie with crushed potatoes top and minted peas  | Chicken ratatouille with garlic roast potatoes  |
| Pudding | Yoghurts | Blueberry and lemon cake | Fresh fruit Salad | Strawberry cheesecake | Ice cream with cones |
| Snack | Jacket potato with beans and cheese | Homemade dip with pitta breads peppers carrots and cucumber | Welsh rarebit | Rice cake with cream cheese tomatoes and cucumber | Variety of sandwiches |